

## **Year 6 Residential Trip** **(13<sup>th</sup> – 14<sup>th</sup> December 2023)**



### **The Centre:**

King's Park Sports Park and Conference Centre is part of the NAYC (Northamptonshire Association of Youth Clubs) & ACUK (Action Centres UK).

The centre, with its own on-site accommodation and dining facilities, provides schools with a range of sporting and craft activities. The centre is located close to Moulton.

### **Safety:**

Disclosure and Barring Service (DBS) checks have been carried out on the staff at Kings Park and all the instructors hold relevant National Governing Body qualifications. There are qualified First Aiders based on the site. Risk assessments compiled by the school (for travel and general pupil supervision whilst at King's Park) have been approved.

### **Staffing:**

School staff accompanying the trip are:

- Mr. R. Colton
- Mrs. L. White (overnight)
- Mrs. A. John

### **Travel:**

Children arrive at school at their normal time (as close to 8:45am as possible) on Wednesday 13<sup>th</sup> December in **MUFTI PE kit** ready for our first activities when we arrive. We will then be leaving by coach as soon as we are ready. The children will depart King's Park at around 2:30pm on Thursday 14<sup>th</sup> December and should be ready to be picked up at normal time (3:15pm).

***\*Lunch is not provided by the centre on the first day so children will need to bring a packed lunch on Wednesday 13<sup>th</sup> December\****

### **Accommodation:**

The majority of rooms at King's Park are twin-bedded so most of the children will be sharing a room with one other person.



### **Medication:**

You must provide medical information about your child on the '*Permission Form*' (contained within this pack). This is in case of a medical emergency during the visit. All '*Permission Forms*' must be

completed and returned to school as soon as possible. It must be handed in by **Friday 8<sup>th</sup> December**.

If your child will require any medication during our visit, you will need to complete the '*Parent/Carer Agreement for Bliss Charity School to Administer Medicine at King's Park*' (contained within this pack). This form needs to be completed closer to the departure day and handed in on the morning of the trip. Please note that:

- **We can only administer prescribed medication.**
- **Medicines must be in their original container as dispensed by the pharmacy.**
- **Medicines must be handed in inside a NAMED bag or box and given to a Class 6 adult on the morning of the 13<sup>th</sup> December.**
- **Medicines must not be packed inside luggage bags/cases - this excludes medicines/devices that pupils need to have immediate access to (e.g. asthma inhalers).**
- **All medicines must be collected from the Class 6 adults when we return to school.**

#### **Sickness Policy:**

If your child is suffering from sudden repeated vomiting and/or diarrhoea on the morning of, or before, the day of the trip then you must inform the school office.

#### **Diet:**

King's Park works actively to promote a healthier lifestyle. The catering department has devised a set of menus designed to encourage pupils to eat healthier options and try different kinds of food.

The following meals are prepared by the centre staff:

##### **Wednesday (13<sup>th</sup> December):**

- Cooked Evening Meal at around 6:00pm.

##### **Thursday (14<sup>th</sup> December):**

- Breakfast at 8:30am
- Drink/snack break at 11:15am
- Lunch at 1:00-2:00pm

You must provide dietary information about your child on the '*Permission Form*' (contained within this pack). This is in case of a medical emergency during the visit. This is also so that any *specific* or *specialist* dietary requirements can be passed on to the catering team at King's Park.

Please do not pack any extra food and drink items into bags/cases. It is very important that school staff and centre staff know what the children have had to eat/drink in case of a medical emergency. These items will be confiscated if found.

#### **Aims of the Visit:**

The purpose of our visit is to ...

- Improve self-esteem.
- Develop co-operative skills.
- Experience a range of fun and adventurous activities.
- Prepare for the longer stay of Kingswood.

#### **Activities at King's Park:**

Our programme will include a range of indoor and outdoor activities but please note these are subject to change as we finalise them with the centre. The children will also be treated to a Christmas film on the Wednesday evening. Activities could include:

Roller-skating

Outdoor activities in the spinney

**Kit:**

Please pack your child with the following items:

- Underwear
- Socks
- Nightwear
- Spare indoor sports clothes (t-shirt/sweatshirt/joggers/shorts)
- A warm coat in case of bad weather
- Gloves/scarf
- Trainers/soft shoes/slippers (for inside)
- Towel
- Washing kit (soap, flannel, towel, toothpaste, toothbrush)
- Drinks/water bottle (this can be filled to take on day 1)

No mobile phones, iPads or other electronic devices that can send or receive messages/phone calls should be brought on the visit. All group leaders will take photos and upload them to our X account (formerly called Twitter) (@BlissCharitySch) at the end of each day.

Children may bring something to read in the evening and a small game, e.g. cards for before bed time, if required.

**Parents/carers are reminded that pupils are responsible for their own possessions and the school accepts no liability for damage or loss.**

**Pocket Money:**

Children can take a small amount of pocket money with them (maximum value = £2.00) to spend in the King's Park centre shop – *this is optional*. The shop sells: cards, stationery and small gifts.

Pocket money must be handed to an adult on arrival. This money will be kept securely by school staff until the children need it. Pocket money must be in a purse/wallet – please ensure your child's name is displayed clearly on the outside.

**Contact:**

We will work on the basis that “no news is good news” and we will contact the school, or you directly, if something is wrong.

We will try our best to post messages and photographs on the school's X account (formerly called Twitter) (@BlissCharitySch) on the Wednesday evening and Thursday morning, however we ask for your patience as the schedule is full on! Also, please note that if we can upload photographs, these will be 'general' ones. It will not be possible to post photographs of every child all the time.

In the event of an extreme **emergency** please telephone the school office on 01327 340758 who will then contact the centre. The centre is available during office hours on 01604 493111

**What next?**

- ✓ Complete and return the 'Permission Form' no later than Friday 8<sup>th</sup> December
- ✓ Use the 'Kit List' as a guide for packing.
- ✓ Label **ALL** items of clothing and possessions.
- ✓ If necessary, complete the 'Agreement' form for the administration of medicine, ready to hand in with your child's medication on the morning of the trip.

